

SAM WEST WORKSHOPS

UPSTAIRS IN THE OD RESORT BALLROOM



Sydney, 12 Mack, 5 Billy, Almost 2

FRIDAY, SEPTEMBER 12

12:30pm - Male Leads & Female Steps

Short fancy steps to do at SOS.

2:00pm - Adding Skips to Basic Patterns

Skips are a great way to fancy-up your turns and pivots.

SATURDAY, SEPTEMBER 13

12:30pm - Fun & Easy Together Steps

An EASY step to learn and dance tonight.

2:00pm - Boogie Steps

Add a little boogie woogie to your dancing!

SUNDAY, SEPTEMBER 14

12:30pm - Easy Turns Together

Footwork, technique and connection in basic rotations.

2:00pm - Hesitations

Easy eye-catching patterns that look great.

FUN MONDAY, SEPTEMBER 15

12:30pm Single One-Leg Rotations

It's mostly upper body, just apply this easy technique.

2:00pm Advanced Together Steps

A unique and more challenging step.

TWO WORKSHOPS EACH DAY
Cost: \$10 per person/per workshop or
Attend both classes in one day for only \$15

1400 Sq. Ft. Dance Floor

Material is presented slowly, step by step,
emphasizing upper body technique & connection.
No two workshops the same.

New professionally made "2008 Fall SOS" DVDs
available for sale after each workshop.

TUESDAY, SEPTEMBER 16

12:30pm - Apple Jacks, Duck Walks & Sugar Foot

Three different steps, same body technique, come see for yourself.

2:00pm - The Class Everyone Needs

How Spacing affects everything- Connection, Lead/Follow & Timing
(Simple steps and patterns taught to demonstrate.)

WEDNESDAY, SEPTEMBER 17

12:30pm - How to Lead Turns

Leading and Following single and double turns.

2:00pm - Short and Sweet Together Steps

Fun steps that are easy on the mind and body.

THURSDAY, SEPTEMBER 18

12:30pm - Easy Pivot Variations

Male, Female and Barrel turns out of pivots.

2:00pm - Stutters, Hooks, Sweeps, DaDas

Sounds like footwork, but this class is all about upper body.

FRIDAY, SEPTEMBER 19

12:30pm - Our Easiest Class of the Week

Come on out and learn something new.

2:00pm - Advanced Together Steps

A challenging step for inter/adv dancers.

SATURDAY, SEPTEMBER 20

12:30pm - Instructors' Class

Duck Walks, Boogie Walks, Pivots, DaDas
Rotations and Lead and Follow Instruction.

2:00pm - Boogie Steps II

Learn a few new groovy steps. Different from first class.

8:00pm - Just for Fun Social Dance

Great Dance Floor. Non-Smoking Ballroom.
No charge for admission. Bar Available.

SUNDAY, SEPTEMBER 21

12:30 - Male Leads & Female Turns

For those of you who just can't get enough!

LEARN TODAY AND DANCE TONIGHT!