

# Single Ladies (Put a Ring On It)

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Music: "Single Ladies" (put a ring on it) by Beyonce 64 Counts 2 walls –Low Intermediate

Intro: 19 counts. This is a strange intro start after she says "put your hands up" Note: The song is a Samba and some of the steps are genuine Samba steps and should be accented 1..a2, 3..a4, rather than 1&2, 3&4. These will be noted but you can do them all even.

## 1-8 Bota Fogo and Forward and Back Basic with ¼ turn left

- 1a2,3a4 Do two Bota Fogos by crossing L over R and stepping on L bending knee slightly, step side R on Ball of foot, turning to a left diagonal step in place L bending knee slightly, do the Bota Fogo on the other foot by crossing R over L bending knee slightly, step side L on ball of foot, turning to a right diagonal step in place R bending knee but when finished turn body back to front at end of 4
- 5a6,7a8 Step forward L, together R, in place L, back R making 1/8 turn to your left, together L, making 1/8 turn left and in place R (having now turned ¼ turn to the left)

## 9-16 Bota Fogo and Forward and Back Basic with ¼ turn left

- 1a2,3a4 Do two Bota Fogos by crossing L over R and stepping on L bending knee slightly, step side R on Ball of foot, turning to a left diagonal step in place L bending knee slightly, do the Bota Fogo on the other foot by crossing R over L bending knee slightly, step side L on ball of foot, turning to a right diagonal step in place R bending knee but when finished turn body back to front at end of 4
- 5a6,7a8 Step forward L, together R, in place L, back R making 1/8 turn to your left, together L, making 1/8 turn left and in place R (having now turned ¼ turn to the left)

## 17-24 Side Rock and Cross, Stationary Pivot Turn, Shuffle

- 1a2,3a4 Step side L, in place R, cross in front L, then step side R, in place L, cross front R
- 5,6, 7&8 Step forward L in pivot turn, turn ½ turn to the right stepping forward R, do a forward shuffle L,R,L

## 25-32 Side Rock and Cross, Stationary Pivot Turn, Shuffle

- 1a2,3a4 Step side R, in place L, cross in front R, then step side L, in place R, cross front L
- 5,6, 7&8 Step forward R in pivot turn, turn ½ turn to the left stepping forward L, do a forward shuffle R,L,R

## 33-40 Voltas (Cross & Cross),

- 1a2a3a4 Weight starts on R, do Volta steps which are cross and cross and cross and cross by crossing L in front of R and step on flat (or almost flat) of L while bending knee (1) step side R on ball of foot with a slight rise (a), repeat both steps until ending on 4 with weight on L and sweep R around to front to do Volta on the R foot. This step seems to feel like drop, a drop, a drop etc.
- 5a6a7a8 Do the Voltas on the other side with R crossing in front of left and moving to the left..

## 41-48 Curving Volta and Walks Fast Pivot Turn

- 1a2a3a4 Do the same 4 count volta with the left in front crossing like in the last section but instead of just moving to the right you curve the volta ½ turn to the left so that you face the wall behind you. Don't get confused. It is the same move which feel like it moves to the right but it makes a curve as you turn to face the other wall.
- 567, 8&1 Walk 3 steps forward R,L,R (big drama steps), fast pivot turn by stepping forward L, turn ½ turn to the right and step in place R, step forward L. This last step is actually part of the next section but goes so fast I put it here – too.

## 49-56 Forward Slides & Flick Turn

- 1,2,3,4 Start with the left step forward from the last section which is forward L on 1. Slide R to L. Step forward L, tap together R
- 5,6,7 Step forward R, slide L to R, step forward R,
- 8&1 Step forward L, turn ¼ turn to the left as you step side on R, then quickly do a flick with your right foot out as you turn another ¼ turn to the left. To do the flick, you have to step on your L as you flick your right. This happens on count 1 of the next section.

## 57-64 Flick Turn, pivot, paddle turn

- 1,2,3&4& Starting from the flick in the last section. The flick is on 1, Bring the R foot forward after the flick turn and step on 2. Pivot turn to right by stepping forward L turn ½ turn to right and step forward R
- 5a6a7a8a Do a full paddle turn to the right by basically doing voltas in a tight circle. L,R,L,R,L,R,L,R ending with your weight on R

**Repeat. Restarts etc:** After the first time through, restart at the Voltas section (count 33), Then do counts 33-48. After the fast pivot turn you just start at the very beginning on the L. Do the dance all the way through once, then restart again at Voltas (33), Then do the dance all the way to count 47. Restart – it is strange and you will feel off, but you are not. Continue through the dance end paddle turn face facing front and put either (or both) hand up on the end.